

ENTRY FORM

Name _____

Address _____

City _____

Province/State _____

Postal Code/Zip Code _____

Male Female

Birthdate (dd-mm-yyyy) _____

Email _____

Entry Type (please check)

- 10k run
- 5k run
- 5k walk
- 5 and under kids 500m
- 6-8 kids 1km
- 9-12 kids 2km

*Please try to avoid race day changes

Please read carefully and sign:

WAIVER (must be signed) In consideration of my participation in this event, I, for myself, my heirs, executors, and administrators, waive all rights and claims for damages I may have against Jocelyn Recreation, the sponsors of this event, their agents, representative, successors, and assignees for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event.

Signature (guardians must sign if under 18): _____

Date: _____

WITH SPECIAL THANKS TO:

- Ambeault's Confectionary
- Algoma Bicycle
- Algoma Financial Group – Kevin Lamour
- The Shoe Fits
- Bulk Barn
- Janet Callahan
- Camilles
- Carl Thomas Sales Representative Royal LePage
- CASES Music
- Catalyst Fitness
- CLIF Bars
- Country Style – Trunk Rd.
- The Country Way
- David Nelson Representative The Real Estate Stop
- Diana Madill
- Doug Hook
- Dr. Floreani & Dr. O'Toole
- Dr. Melissa O'Toole
- Dr. Hui Lee Trust Fund
- Dr. Lattimer
- Dr. Crawford
- Duke of Windsor
- Edwin and Ruth Stevens
- Fit Bodies, Fit Minds
- Food Basics Stores, SSM
- Frankie's Automotive
- Great Lakes Power Transmission
- Island Springs Golf Resort
- Janet Boucher
- Judy Dukes
- Karhi's Contracting
- Kentvale Merchants
- Local Maple Syrup Producers
- Linda Pelletier- Smith Esthetics
- Macs
- Marg Willoughby
- Mary's Crackers
- Metro Stores
- Moose Sweats
- Mike Jones
- North Shore Kubota
- Pinos IGA
- Rexall
- Road ID
- Romes
- St. Joseph Island Boatel
- St. Joseph Island Coffee Roasters
- St. Joseph Island Market
- Sarah Buckley
- Sault Stryders
- Sault Ste. Marie Airport
- Sharon & Wesley Stevens
- Shoppers Drug Mart, SSM
- Sheila Campbell
- Soo Greyhounds
- Stephanie Mick
- Tamarack Health Food Store
- Taste of Nature
- Wacky Wings
- Walmart
- YMCA

The 16th Annual Mountain Maple 'Trail' Run/Walk & Kids Fun Run



St. Joseph Island

MAY 28, 2017

5K Run, 10K Run & 5K Walk

Sponsored by:



An event of Jocelyn
Recreation Committee

Jocelyn Recreation welcomes you to the **15th annual Mountain Maple Run/Walk**. This event takes place on cross-country trails located on beautiful St. Joseph Island. The RUGGED trail system is the one used for cross-country skiing. The course is one loop for the 5km run and 5km walk, and two loops for the 10km run.

LOCATION & DIRECTIONS:

Mountainview Centennial Grounds,
Jocelyn Twp., St. Joseph Island, Canada

*From Sault Ste. Marie (Michigan or Ontario) take Hwy. 17E to the St. Joseph Island turnoff

*Turn right onto Hwy. 548 and continue to the corner to the first stop sign and turn right; continue to the next road intersection and turn left at the 10th Side Road then continue until the P-line where you will turn right.

*Follow the P-Line until you reach a stop sign and turn left onto Hwy. 548

*After turning left watch for signs to the Jocelyn Township Office for registration

There will be signage along the roads on St. Joe to help you along the way!

Please Note: no bicycles or pets allowed on the course during the race.

START: 5km run -- 10:00am
10km run -- 10:00am
5km walk -- 10:05 am
Kids runs -- 11:00 am

Packet pickup/same day registration at Jocelyn Township Office from 8:30am - 9:30am May 28, 2017. Runners goodie bags guaranteed to the first 200 adult runners. Please arrive EARLY!

Registration Fees:

\$20 on or before May 21, 2017

\$30 from May 22 – May 29, 2017

\$5 Kids Fun Run

(All kids receive a participation medal and runners goodie bag!)

Make cheques payable to Jocelyn Recreation Committee. Cash or cheque will be accepted as payment. Online registrations can be made through [www. events.com](http://www.events.com) (search Mountain Maple Trail Run) Completed forms with payment can be dropped off at **Catalyst Gym** (88 White Oak Drive), **THE SHOE FITS** (formerly the Athletes Foot, Station Mall), mailed or dropped off to: **Jocelyn Twp. Office**, RR # 1, Hilton Beach, P0R 1G0

AWARDS:

Top three women and men in the 5km run and the 10km run.

Many individual prizes for walkers and runners. Individual must be present to win.

Refreshments-Gatorade, fruit, coffee and homemade cookies!

For more information please contact
705 246 2025 or 705 575 1817
mountainmaplerun@gmail.com



All proceeds will be used to support events of Jocelyn Recreation Committee including Harvest Festival, Fall Fair and July 1st Fireworks, maintenance of the ski trails etc.

